**This is the GUIDE PAGE MAGAZINE Volume 33, Issue 8, for August 2022.**

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**The GUIDE PAGE MAGAZINE is published monthly by: CWAB® (registered trademark), Inc., 38 Washington Avenue, Huntington, WV 25701.**

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**Cabell-Wayne Association of the Blind, Inc.**

**Executive Officers:**

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**Joanna Holbrook – Vice-President**

**Leah Thompson - Secretary**

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**Ken Hicks,**

**Ernie Golder**

**Toni Walls, Executive Director**

**Jerry Crabtree, GUIDE PAGE editor**

**Major funding provided by the James H. And Alice Teubert Charitable Trust,**

**In This Issue: MISSION and VISION, From the Director, Agency Adapts QR Code, SWEETS for SIGHT, Another Goodwill Success Story, Men’s Support Group Initiated, Activities, GUIDE PAGE By Email, Summer Bash Was A Blast!, Guide Page Text Edition, Sports Jamboree Time!, Notes From The Editor, Transportation!, Activities Center Serves Community, CWAB® Services Division T-Shirt Sale, Ongoing Fundraisers, Marcos Coupon Card Fundraiser, Shopping Opportunities!, Introduction for Newcomers, Planned Giving, CWAB® Services.**

**On The Cover: Colin Walker, Another Goodwill success story. Article on page 12 of the print edition.**

**Cabell-Wayne Association of the Blind”s Services Division’s Fourth annual Sweets For Sight VIRTUAL EDITION is coming soon! Details inside!**

**Cabell-Wayne Association of the Blind**

**Mission and Vision Statements**

**OUR MISSION: Cabell-Wayne Association of the Blind is committed to promoting and advocating the economic, educational, and social welfare of the blind and visually impaired of all ages so that they can maintain a lifestyle comparable to other members of society.**

**OUR VISION: CWAB® (registered trademark) will be seen nationally as a model for organizations and agencies that help blind and visually impaired persons achieve maximum independence. CWAB® will be known for timely and appropriate state-of-the-art responses to the changing needs of consumers throughout the Tri-State area and beyond.**

**From the Director**

**Summer is moving on and we are staying busy. We held our annual Summer Bash on July 9th and everyone had a great time! We are making plans for our Combined Peer Support Group meeting on September 22 as our next big gathering and it promises to be a fun day too!**

**Here at CWAB® Services for the Blind and Visually Impaired, our staff takes the services we offer our consumers very seriously. Because of**

**that, and because of the number of requests that come in on a daily basis, there are always going to be rules and protocols to follow. I assure each of you that these are put in place to maximize our ability to provide the highest quality and quantity of services.**

**Our staff will do their best to accommodate your requests that pertain to their services. Please keep a few things in mind. We are not an on-demand-provider. In other words, all services we provide must be scheduled. At the bare minimum we require 24 hours notice. We operate**

**better with as much notice as possible. Group activities, such as the summer bash, generally require 1 week notice, because of the planning that goes into holding an event like that. This and other standards we go by, help us to be the best service providers we can be for you.**

**“Poor planning on your part does not necessitate an emergency on mine.” ― Bob Carter**

**However, true emergencies do happen, and we will always lead with compassion in those cases. While we may not be able to address your emergency, we will attempt to help you find a solution that will work for you.**

**If you have thoughts, needs, or comments please feel free to reach out to me by phone - 304-522-6991, email: toniwalls@cabellwayne.org, or by mail at 38 Washington Avenue, Huntington, WV 25701.**

**Toni I. Walls, COMS, CVRT,**

**Executive Director**

**Cabell-Wayne Association of the Blind**

**Services Division**

**There is one photo with this article. The picture is of Toni Walls. She is seated with her torso turned slightly toward the photographer. She is wearing a black sweater over a floral print blouse. She has below the shoulder-length hair, and is slightly smiling. The background of the image is totally black.**

**Agency Adapts QR Code**

**In the July issue of the Guide Page Magazine we introduced you to the QR Code, and mentioned that the code image would be placed on the cover of our publication as well as other material produced by Cabell-Wayne Association of the Blind Services Division. What we may not have made clear, was the app, (application) which is used to scan the code block.**

**Apps are normally obtained from Apple’s App Store, and from the Google Play Store for iOS and Android devices respectively.**

**These apps are generally free, (except for “Pro” versions.**

**These apps are simple to install and use. Once installed, tap the app icon. Most likely you will be greeted with a message asking to allow the app to access the device’s camera, tap yes, or OK. Once this is done, the camera will be activated through the app. Simply point the device’s camera at the code**

**square. Nothing more is needed. The device will automatically open the appropriate website, or display the pertinent information.**

**Cabell-Wayne Association of the Blind’s Services Division has implemented this code. It will be placed on the cover of the Guide Page Magazine, on the Consumer Handbook, and the Teubert Prep Handbook, as well as any public document created by the Service Division. Using the QR code will direct a user to cwab.org.**

**Any questions? Please feel free to contact Cabell-Wayne Association of the Blind Services Division at 304-522-6991.**

**There are two graphics with this article. The first, appearing at the lower right-hand corner on the article’s left-hand page, is a screenshot of the QR app in the Apple App Store. The second graphics is of the actual QR code. With the QR Reader app installed on your device, holding your phone over this image will direct you to the agency’s website.**

**SWEETS for SIGHT**

**Our 4th annual Sweets for Sight returns online this August!**

 **CWAB® Services Divisions 4th annual Sweets for Sight Event will take place virtually starting Monday August 15, 2022. Online bidding will begin at 9:00 a.m. and bidding wars will end on Friday August 19, 2022 at 3:00 p.m. All winners will be contacted shortly after bidding closes to arrange payment and pickup for certificates or items won.**

**Several desserts will once again be up for bidding from annual favorite participants to brand new vendors. There will also be some unique non-dessert items and packages up for grabs as well that you will not want to miss out on! Dessert vendors participating will be announced in August on the Sweets for Sight Facebook page.**

**Sponsors are still being added and will be announced closer to the event dates. For more information and updates please visit the Sweets for Sight Facebook page. We are really excited to once again offer this ever growing event!**

**SILENT AUCTION INFORMATION**

 **Bidding will once again need to be made in $1.00 increments after the reserve bid has been matched. If you do not have Facebook you can call the office and talk with Zach, Toni, or Dannielle for assistance on bid placing. Please note that any dessert items won, after receiving the certificate from CWAB® must be arranged with the dessert vendor for redemption. It is not CWAB® Services Division responsibility to go after and deliver custom orders won. Winners will receive all necessary information about dessert**

**vendor in order to make those arrangements. Happy Bidding!**

**The SWEETS for SIGHT event logo appears at the bottom of the article.**

**Another Goodwill Success Story!**

**When Colin Walker came to Goodwill, he was very shy and nervous when talking to new people. Now, he has deep friendships with his coworkers and is confident in his speaking skills, but in his job skills too.**

 **Colin came to Goodwill last June as a referral from West Virginia's Department of Health and Human Resources. He was placed into our Facility-Based Work Adjustment program, which offers hands-on and**

**classroom-based job skills. Colin is visually impaired, but that does not stop him from excelling in his job.**

 **Colin works as a Dock Attendant at our Virginia Avenue retail store, where he takes donations from customers, sorts, and prices items. Virginia Ave is one of our most bustling stores, so he definitely stays busy!**

 **Although he is naturally shy and hesitant talking to people, he says he adores his coworkers and that they are the reason he loves coming to work every**

**day. He has even met people in the community, and gets recognized by people who have donated to the store. He says he no longer hides when he sees people in public, and likes talking to people he meets.**

 **"Goodwill has helped me find a support system in my coworkers, and has helped me flourish in my relationships with my family, and my financial situation," Colin shared. "I love that I do not have to have my guard up, and that nobody judges me and I can be who I am without being afraid."**

 **Colin is resilient and no matter what life throws at him, he says he never gives up and keeps pushing. Outside of work, Colin loves listening to music, taking long solo walks, reading sci-fi and fantasy books, and spending time with his family.**

**Colin rocks! #WhyGoodwill**

**There is one image with this article. The photo is of Colin Walker. He is wearing a blue short-sleeved T-shirt, and holding a sign that says, “HELLO, MY NAME IS COLIN W.” Underneath is a heart-shaped image which contains dozens of smaller images to form the heart image. At the bottom of the sign on the left is the Goodwill Industries logo followed by the phrase, “# ShareGoodwill.” Underneath the image is a caption which reads, ““Goodwill has helped me find a support system in my coworkers”. “- Colin Walker -“**

**Men’s Support Group Initiated**

**CWAB Services Division is starting a new Men’s Support group. This group will meet on the 2nd and 4th Tuesday of every month from 11 a.m. to 1 p.m.**

**The first group met June 28th and we had pizza for lunch.**

**In this first meeting, we discussed how we wish to make use of this time, and what types of activities we may be interested in.**

**If you are interested in joining the Men’s Support Group, please contact Coty Collins at 304-522-6991.**

**ACTIVITIES**

**AUGUST**

**Wednesday**

 **August 3rd - Basket Class**

 **August 10th  - Basket Class**

 **August 17th  - Basket Class**

 **August 24th  - Bingo**

**Support Groups**

**D - August 2nd**

**B - August 4th**

**E - August 9th**

**A - August 11th**

**C - August 13th**

**B - August 18th**

**E - August 23rd**

**A - August 25thh**

**SEPTEMBER**

**Wednesday**

 **September 7th - Crafts**

 **September 14th - no activity**

 **September 21st - Crafts**

 **September 28th - Bingo**

**Support Groups**

**B - September 1st**

**D - September 6th**

**A - September 8th**

**C - September 10th**

**Combined Group - 22nd**

***All dates/times subject to change or cancellation.***

**Guide Page by Email**

**Click, Open, and Read!**

**For three decades the GUIDE PAGE MAGAZINE has been freely offered in a variety of formats to suit the vision needs of consumers, and the general public. Changes are made as technology changes. Generally we offer large print, Braille, or an audio CD, and for our internet savvy consumers, audio, and text issues, which are available on cwab.org.**

**We produce hundreds of copies of the GUIDE PAGE Magazine each month, with most formats requiring postage for delivery. The most cost effective issues we produce are email.**

**Email issues need no ink, paper, packaging, or postage. Recipients simply open their inbox and read or let their screen reader software read it for them.**

**By changing your current subscription to email only, you will greatly assist us in continuing to provide the GUIDE PAGE to you. For more information, please call 304-522-6991.**

**Summer Bash Was A Blast!**

**Cabell-Wayne Association of the Blind’s Sumer Bash was held Saturday, July 9th at the C.W.A.B Activities Building on West Third Avenue. The event, held from 11 a.m. To 1 p.m., has been a regular activity for a number of years.**

 **The Bash, organized by Danielle High, saw consumers and guests treated to “summer food”, burgers and hotdogs, and ice cream for dessert. An assortment of**

**summer-themed music was offered by staff member Jerry Crabtree.**

**Zach Davis manned the kitchen, and Transportation Supervisor Jim Dorton manned the grill. Jeff Hudson, Coty Collins, Gordon Bloss, Dewey Wilson, and John Ryback served.**

**Other staff members, including Candy Allen, Emma Paxton, and Toni Walls assisted with the games.**

**As plainly evident, it takes lots of work from lots of caring individuals to make any CWAB® event run smoothly!**

**There are fourteen images with this article. Each image is of an individual, group of individuals, or an activity, all taken during the Summer Bash.**

**Guide Page Text Edition**

**Cabell-Wayne Association of the Blind Services Division published the Guide Page Magazine each month in a variety of formats to be more readily available to consumers.**

**Those formats are: large print, braille, Audio CD, web-text, and web-audio. We’ve mentioned this variety before in hopes that they meet everyone’s needs. It has been suggested that there might be a new need. An issue in larger print without images.**

 **Currently 18-point font is the general rule, with some exceptions. Even with this size, some consumers may have trouble reading our articles.**

 **So, would a image-free larger print issue be of interest?**

 **On the following page, I will provide some line samples and give the font size of each. If there is interest, issues may be available in that font. Only ONE font size will be chosen.**

**On the next page of the print edition are four different text font size samples. The sizes are: 24, 30, 36, and 48.**

**Sports Jamboree Time!**

**Friday, July 15th, marked the opening of the 42nd annual Sports Jamboree, held this year at West Virginia’s North Bend State Park. Participants in this four-decade old event were between the ages of eight and forty and included those who were legally blind and those who use wheelchairs, crutches or walkers.**

**Opening ceremonies were held Friday evening with remarks by Kathy Hess, general**

**chairperson of the International Sports Jamboree.**

**The Jamboree includes a variety of games including wheelchair basketball, softball, relay races, and jamb toss.**

**Several CWAB® Services Division consumers, (former Teubert Prep students), attended these games: James Earl and Zachary Parsons, Caitlin Railey, Austin Smith, and Christina Patterson. James Earl Parsons says he enjoyed the**

**camaraderie and the fellowship, “It was the highlight of my summer!” he said.**

**The games concluded Saturday evening with awards presentations, followed by a participants’ talent show, then a dance and pizza party at the park lodge.**

**There are five images with this article. These images show participants and the games they were involved in.**

Notes From The Editor

**Hello, and welcome to the August issue of the Guide Page Magazine!**

 **It was good to see everyone having fun at the Summer Bash! I hope you enjoyed the music that I offered. As always, when any event is scheduled where I will be providing music, please - as we used to say in radio, “the request lines are open”! You can tell Toni or myself if there is a favorite or sentimental song you’d like to have played. If I can find it, I’ll play it!**

 **Speaking of the Summer Bash, there are a number of photos included with this issue. I hope they bring you some enjoyment!**

 **This month I have provided some additional information about our QR code, and we have a feature article on Goodwill Industries’ employee, Colin Walker.**

 **Don’t forget our T-shirt fundraiser, as well as other meaningful fundraiser items mentioned later in this issue.**

 **Until our paths cross again, be safe, stay well, and be happy!**

Transportation!

**The ability to get from point A to point B**

**Our consumers utilize our transportation service to get to vital appointments such as work, medical, higher education, CWAB® Services Division events, or community activities as scheduled. We travel over 4,500 miles in a month. That is over 440 trips in a month.**

**Transportation currently has 5 employees active, one of which is the supervisor/dispatcher. You can quickly see how big an undertaking this can be.**

**We have to have standards of operations in place to ensure that this vital program operates as it should. Some of these are listed below:**

**1. All rides have a minimum of 24 hour required notice. This means Friday for a Monday appointment. Schedules are made for the next day by 2 pm.**

**2. Wednesday afternoon events follow the 24 hour rule**

**3. Group activities must be scheduled one week prior to event. This changes with each event so the best thing to do is to call as soon as you hear about an event.**

**4. YMCA participation must be called in by Friday morning for the following week.**

**5. You must cancel your ride before the driver calls to pick you up. Failure to do so, may lead to warnings.**

**6. Medical Appointments - it is preferable that these be made between the hours of 9 a.m. and 1 p.m.. This enables us to get you there on time and to have amp time to get you home. Exceptions are possible. It is best to discuss these with the Transportation Supervisor.**

**a. Consider providing us with an appointment card for follow-up medical appointments to help strengthen our accuracy.**

**7. The consumer is primarily responsible for signing up for transportation. The service provider may sign a consumer up. Drivers are NOT allowed to sign consumers up for rides. This protects the consumer against forgotten messages.**

**8. Food and Drink are prohibited during your ride. This applies to all services we provide, not just transportation.**

**9. We insist all passengers wear seatbelts at all times while the vehicle is moving. Drivers are instructed not to move until this is the case. If they are found to be driving with a passenger unbelted, it may lead to immediate dismissal.**

**10. Drivers have up to one hour before and after your scheduled pick-up to pick you up. We rarely use that cushion but it exists to allow for unavoidable circumstances. Please be prepared for this possibility.**

**Group activities, with multiple passengers on one shuttle, is one example when this 1 hour cushion may be necessary.**

**This does not cover everything but it covers many of our most important standards.**

**Our drivers are very valuable and appreciated! They do a tremendous job, and our agency would not be what it is without each of them. Your compliance with the standards we have in place goes a long way toward making a hard job much easier on them.**

**Activities Center Serves Commmunity**

**Since its completion in the Spring of 2008, the C.W.A.B. Activities Center has been a virtual beehive of activity! Having served as a location for concerts, weddings, parties, and meetings, the center is a fully-equipped facility that can serve any need**

**Available as a rental facility the building boasts a spacious double-range kitchen with a restaurant-style sink, refrigerator, freezer, and microwave. Access to tables and chairs, tablecloths and dinnerware are also available.**

**Holiday decorations are also available.**

**The C.W.A.B. Activity Center is an excellent choice for any event - large or small.**

**For more details, call 304-522-6991.**

**Cabell-Wayne**

**Association of the Blind**

**Services Division**

**T-Shirt Sale**

**CWAB® Services Division is offering t-shirts for sale. These have the logo and name on the front left and the new design on the back of the t-shirt.**

**Description of the back is as follows: Name at the top with logo at top of back of shirt facing a weaving roadway. Along the roadway are signs labeled (from**

**top to bottom) “The Guide Page”, “Recreation”, “Consumer Services”, “Adaptive Technology”, “Transportation”, “Vision Rehab”, and “OM”. At the bottom there is a banner that reads “Independence”.**

**Basic colors being offered are Navy, Royal blue, Red, Marshall Green, and Purple. We have some of these in stock at all times. There are many other colors available so if you desire a different color please call and ask for Toni to discuss. We are also offering several tie-dye versions.**

**Prices:**

**Short sleeve                 $15**

**Long Sleeve                 $20**

**Short Sleeve Tie-dye   $20**

**Long Sleeve Tie-dye    $25**

**Orders will be placed soon, so get yours in now!**

**Prices subject to change based on cost to CWAB®**

**There are two photos with this article. They are of Hailey Tabor wearing a tee shirt as mentioned.**

**The caption reads: Transportation team member, Hailey Tabor, shows the front and back of the Royal Blue t-shirt”**

**Ongoing Fundraisers**

**Cabell-Wayne Association of the Blind Services Division relies on multiple fundraisers. Since the onset of COVID-19, our regular schedule of events have been adjusted, and re-adjusted. Despite these changes, there are still ways to assist with fundraising.**

**Following are some of those ways. For more information please contact Toni Walls or Danielle High.**

**AmazonSmile® - go to smile.amazon.com to shop. On your first visit there you select the charity to which you wish to donate.**

**Kroger Community Rewards - This is linked to your Kroger card. You must set up a digital account and link your card to an organization. Our NPO number is PK519.**

**Rada Cutlery – Knives, utensils, quick mixes, gift sets and recipe and gift books. Call CWAB® for information on ordering.**

**Marcos Coupon Card Fundraiser**

**For $10 you can purchase a Marco’s Fundraiser card. On the back of the card you will find 12 coupons. They are:**

**• 1 free medium, one topping pizza**

**• 5 coupons for free medium pizzas with the purchase of any Large or XL pizza at regular price**

**• 4 coupons for free cheesy bread with any large or XL pizza at regular price**

**• 2 coupons for a Free CinnaSquare with any Large or XL Pizza at regular price**

**There is one image with this article. The image is of the front of the Marcos Coupon Card.**

**Shopping Opportunities**

**Consumers are able to utilize CWAB® Services Division Transportation Program for scheduled shopping trips on Tuesdays or Thursdays. These trips are available to:**

**Walmart Rt. 60, Target, \Kroger on 5th Avenue, Huntington Mall, Aldi’s on Washington Avenue**

**Any other location requests must go through Executive Director, Toni I. Walls for consideration.**

**Here are shopping guidelines:**

 **• Two hour limit**

 **• One location**

 **• Must be between the hours of 10-1**

 **• Purchases are limited to what the consumer can carry independently. Drivers may help get purchases to the front door, if schedule permits.**

**A guide or companion is encouraged.**

**C**

**abell-Wayne’s “Official” Welcome**

**for Newcomers**

**Doing anything strangely and for the first time, can be a daunting task. It’s no different if you are moving into a new home, starting a new job, or visiting a doctor‘s office for the first time. We all get the jitters. The same is true for new visitors and new consumers of Cabell-Wayne Association of the Blind.**

**To make it easier to get acquainted, the Services Division offers new, and potential consumers**

**two pieces of printed information that helps to bridge the gap between the strange and the familiar - The CWAB® Consumer Handbook, and the agency’s greeting brochure. Each with its own wealth of information.**

**Inasmuch as many of the readers of the Guide Page Magazine may not be familiar with, say the agency brochure, we will present it to you on the following two pages.**

**In regular print form, the brochure is a trifold document, which makes it super easy to mail. Information on our services as well as agency contact information is included. If you’d like to have a printed copy, contact the Services Division at 304-522-6991.**

**Here is the content of that brochure:**

**Cabell-Wayne Association of the Blind**

**CWAB® Services for the Blind and Visually Impaired**

**Helping to shape the future and enrich the lives of the blind and visually impaired in our area**

**CWAB(R) is the leading local resource for people who are blind or visually impaired. CWAB(R) works with other organizations and community**

**resources to provide consumers with every opportunity available to them.**

**CWAB(R) is a non-profit organization founded in 1975. The Services Division Component, which provides aids and instruction to registered consumers was activated in 1989 and is funded through grants, including a major one from the Teubert Charitable Trust, and through direct contributions.**

**“What bars us from first-class status is not inferiority inherent in blindness, but rather, the tacit acceptance of a diminished role with minimal expectations and minimal opportunity for full participation.” Ann Shroeder, 1989 International Rehabilitation Conference**

**CWAB® Vision:**

**CWAB® will be seen nationally as a model for organizations and agencies that help blind and visually impaired persons achieve maximum**

**independence. CWAB® will be known for timely and appropriate state-of-the-art responses to the changing needs of consumers throughout the Tri-State area and beyond.**

**CWAB® Mission:**

**The Cabell-Wayne Association of the Blind is committed to promoting and advocating the economic, educational, and social welfare of the blind and visually impaired of all ages so that**

**they can maintain a life style comparable to other members of society.**

**Here is what we do:**

**Transportation, Vision Rehabilitation, Orientation and Mobility, Adaptive Technology, Consumer Services, Recreation, Media/Marketing, Peer Support Groups, Volunteers, Community Involvement, Employment Support**

**Transportation is provided to registered consumers of CWAB®. Destinations include doctor’s visits, work locations and CWAB® events. All other requests are handled on a case by case basis.**

**Vision Rehabilitation is provided through a CVRT® (Certified Vision Rehabilitation Therapist)**

**Consumers are provided with aids based on evaluation of visual function as well as need. Training in Daily Living Skills including creating**

**and reading Braille, cooking, and organizing is also available.**

**Orientation and Mobility (OM) is the way we function in our environment. Training in the specialized skills involved is offered by our COMS® (Certified Orientation and Mobility Specialist) and is individualized to meet the needs and abilities of the consumer.**

**Adaptive Technology provides specially adapted computers and Electronic Video Magnifiers to qualified consumers through a lending program. Training is also available on these and other devices.**

**Consumer Services provides assistance with daily tasks such as shopping, book keeping, organization and other necessary tasks.**

**Adult Recreation offers social interaction through many activities such as picnics, parties,**

**bingo, plays, concerts, YMCA and crafts. These activities allow consumers to enjoy a full and active life-style.**

**Teubert Prep is the recreation program for children of Cabell and Wayne counties who are blind or visually impaired. It offers opportunities to socialize one-on-one with peers who are sighted. Families are provided an opportunity to share challenges and successes with a Parents support group.**

**Our Media-Marketing program is responsible for producing the monthly Guide Page Magazine and for maintaining the agency website www.cabellwayne.org. Advertising and spreading the word of what we do through all media resources is also a priority for this program.**

**Peer Support Groups meet on a regular basis. In these groups our consumers are provided**

**opportunities to learn and socialize with others who share similar life experiences.**

**Volunteers are an important part of what we do. Volunteers are utilized for direct and indirect services.**

**Community Involvement including in-service education, health fairs, and outreach events. We also strive to include the community in our events.**

**Employment Support is provided by all programs of CWAB® from Transportation to Adaptive Technology to VRT to OM. Our goal is to assist in any way we can so that our consumers live the life they desire.**

**If you have any questions, wish to apply for one of the programs, or know someone who could benefit from our services, please contact:**

**Cabell-Wayne Association of the Blind**

**Services Division**

**38 Washington Avenue**

**Huntington, WV 25701**

**304-522-6991**

**Fax 304-522-6924**

**Website: www.cabellwayne.org**

**Please remember us in your will.**

**Planned Giving**

**So, what is planned giving? By definition, a planned gift is any major gift, made in lifetime or at death as part of a donor’s overall financial and/or estate planning.**

 **Cabell-Wayne Association of the Blind has had the good fortune to receive several such gifts.**

 **These gifts will provide goods and services to the blind and visually impaired of Cabell and Wayne Counties of West Virginia. They will also provide funding for operational expenses.**

 **Planned Giving is the most practical way to ensure your personal and financial wishes are fulfilled after you are gone.**

 **Cabell-Wayne Association of the Blind is more than happy to discuss with you the many ways the agency could benefit from your wishes. Contact the Services Division office at 304-522-6991.**

**CWAB® Services**

**TRANSPORTATION – Getting around is a major roadblock to the blind and visually impaired. Consumers are offered free transportation to work, doctor’s appointments, shopping, and group activities. Limited vision no longer means limited transportation.**

**ORIENTATION & MOBILITY – O&M’s goal is to train consumers with techniques of safe, efficient travel both in the home and into the**

**community. Skills are taught that are vital for independence, confidence and self-satisfaction. Instruction is built around the goals and needs of the student.**

**REHABILITATION – Learning new skills to improve daily living enhances quality of life for the visually impaired. Magnifiers and talking devices are available. Instruction in Braille, cooking, and even simple tasks like phone dialing can lead to a more independent life.**

**COMPUTER TRAINING - Training is the key to computer technology. Utilizing keystrokes and enhancement software, the student learns to complete a variety of tasks sighted computer users take for granted. Limited vision should not limit your technical training.**

**ADAPTIVE TECHNOLOGY - A CCTV can be used to magnify books, newspapers, and magazine**

**print to the size of a regular television screen allowing individuals the ability to enjoy reading again. Adaptive technology can bring you back to the world, and the world to you.**

**RECREATION – Everyone knows the key to success is the ability to play well with others. CWAB®’s recreational program offers a variety**

**of activities for any age consumer. Both indoor and outdoor events are scheduled on a regular basis.**

**For more information on services, volunteering, and planned giving, call 34-522-6991.**

**This is the end of the GUIDE PAGE MAGAZINE Volume 33, Issue 8, for August 2022.**

**-- end —**