**This is the GUIDE PAGE MAGAZINE Volume 32, Issue 9, web-text edition, for FALL 2021.**

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**Cabell-Wayne Association of the Blind, Inc.**

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**Joanna Holbrook – Vice-President**

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**Emeritus members: Ken Hicks, and Ernie Golder**

**Toni Walls, Executive Director**

**Jerry Crabtree, GUIDE PAGE editor**

**Major funding provided by the James H. And Alice Teubert Charitable Trust,**

**In This Issue: Sweets For Sight Returns!, MISSION and VISION, From the Director, Sweets For Sight - Virtual Edition!, Thanksgiving Day Closing, COVID-19: An Update, Fall Recreation Activities, Introduction to Newcomers, Halloween Party!, Christmas Day Closing, Notes From The Editor, Word Search For September!, Up, Up, and Away!, Association Celebrates Anniversary, Construction of a Guide Page, Museum Of Art To Expand Trail, iOS and Computer Classes Return, CWAB® Services Division T-Shirt Sale, GUIDE PAGE By Email, Ty Beanie Babies® Fundraiser!, Ongoing Fundraisers, Shopping Opportunities!, Need A Ride?, Planned Giving, CWAB® Services**

**On the cover: This picture was taken from a first-ever outing to Heritage Farm’s Zip-Lin facility. Pictured standing (L to R) Zach Davis, Caitlin Railey, Toni Walls, Wanda Annis, Gene Quodala, Kim Blake, Mike Fitzpatrick, Rodney Adkins, kneeling (left) Joann Wallace and (right) Hailey Tabor.**

**SWEETS FOR SIGHtS RETURNS!**

**VIRTUAL EDITION**

**This year Sweets for Sight will be held virtually from Monday, September 20th, through Friday, September 24th at 2 p.m. Prize ackages, and dessert auctions with lots to choose from! For more details, visit the event Facebook page: Facebook.com/groups/sweetsforsight2021. You may also contact the Services Division office at 394-522-6991.**

**Cabell-Wayne Association of the Blind**

**Mission and Vision Statements**

**OUR MISSION: Cabell-Wayne Association of the Blind is committed to promoting and advocating the economic, educational, and social welfare of the blind and visually impaired of all ages so that they can maintain a lifestyle comparable to other members of society.**

**OUR VISION: CWAB® (registered trademark) will be seen nationally as a model for organizations and agencies that help blind and visually impaired persons achieve maximum independence. CWAB® will be known for timely and appropriate state-of-the-art responses to the changing needs of consumers throughout the Tri-State area and beyond.**

**From the Director**

**Hello friends,**

**Last month I quoted Eleanor Roosevelt regarding her belief that you must face what you fear. I don’t know of a better example of doing just that than what our consumers did on August 26th. Seven consumers and two staff members went zip lining at Heritage Farm! I have never been prouder of any of them!**

**To quote another famous person, Nelson Mandela said, “I learned that courage was not the absence of fear, but the triumph over it.” They triumphed on August 26th! I look forward to more opportunities for them to triumph over fear. They inspire me every day to conquer my own fears.**

**September is the end of our fiscal year at CWAB® Services Division and it is always a very busy time for us. Fall Rummage sale, Combined Group luncheon, Reports related to end-of-year, Sweets for Sight. Bear with us if we aren’t immediately available for your questions or phone calls. We are a busy bunch of people! It helps though, that we love what we do and who we do it for!**

**My hope for all of you this month is that you stay well, safe, and secure. Our programs are here to assist you in all of these areas of your life. If you have a question about what we do, feel free to reach out to us. Pam Cabell, our Consumer Advocate, will answer your questions or get you to the correct staff member.**

**Until next month …..**

**Toni I Walls, CVRT/COMS**

**Executive Director**

**Cabell-Wayne Association of the Blind**

**There are two photos with this article. The first picture is of Toni Walls. She is seated with her torso turned slightly toward the photographer. She is wearing a black sweater over a floral print blouse. She has below the shoulder-length hair, and is slightly smiling. The background of the image is totally black. The second, our agency logo – woman with a cane, man with a dog guide , both in black silhouette, appearing in the lower right-hand corner of the last page of this article.**

**SWEETS FOR SIGHtS RETURNS!**

**VIRTUAL EDITION**

**This year Sweets for Sight will be held virtually from Monday, September 20th, through Friday, September 24th at 2 p.m. Prize ackages, and dessert auctions with lots to choose from! For more details, visit the event Facebook page: Facebook.com/groups/sweetsforsight2021. You may also contact the Services Division office at 394-522-6991.**

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**Hello Everyone, I am so excited that the time has come for our 3rd Annual Sweets for Sight Fundraiser for The CWAB® Services Division! Unfortunately due to the rising cases of COVID-19 we once again will have to hold this event virtually on Facebook. Online bidding will work like it did last year. Starting Monday September 20, 2021 by 9:00 AM all dessert offerings and package items will be available to place bids. All items will have a minimum bid amount that must be met to start things off and then bids can increase by $1.00 increments. The bidding wars will end on Friday September 24, 2021 at 2:00 p.m. All winners will be notified as soon as possible as bidding ends.**

**Consumers needing assistance placing bids can contact Toni, Zach, or Danielle.**

**Dessert Vendors are still being added so keep following the Sweets for Sight Facebook Page for updates. Confirmed vendors currently include last year participants Tibbenham Chocolates, Double Drizzle, Delights by Davis, Lisa’s Jars of love, and newcomers, Ashland Gelatin Art and Sugar High Sweets. Package auction items are currently being worked on, but will include gift cards, custom art items, shirts and more. This year’s Sponsors are: Mountain Health Network, Starbucks a Ashland, Huntington Federal Savings Bank, and Ken Hick’s law Office. More sponsors will be added just watch the Facebook Page. If anyone would like to donate items for auctions such as gift cards, gift baskets, money, etc. please call Zach at the CWAB® Office. Last year’s event was very successful and we have no doubt this years will be nothing less.**

**Zach Davis, VRT Assistant**

**COVID-19: An Update**

**We here at CWAB® have been successful in avoiding an outbreak of COVID 19. While we have had isolated cases, the caution we have taken has prevented a large outbreak.**

**The current situation with COVID in WV overall, and Cabell and Wayne Counties in particular is alarming at best. While there are many different thoughts on what can or should be done, attention to best practices and what is best for the overall consumer and staff base has to be taken into account.**

**With that in mind, the difficult decision has been made to reinstate COVID screening questionnaire and the wearing of masks when social distancing cannot be maintained. While neither tool will eliminate all threat from COVID, I feel we must do all we can to lessen the threat to those most vulnerable. This will go into affect on August 23, 2021 for all employees, consumers, and visitors.**

**This decision was made in cooperation with Board President Joann Wallace.**

**Toni I. Walls, COMS, CVRT**

**Executive Director**

**Cabell-Wayne Association of the Blind**

**Services Division**

**FALL RECREATION ACTIVITIES**

**WEDNESDAY SCHEDULE**

**(All activities begin at 12:30 and end at 2:30)**

**September 15th – Crafts – Mesh wreath making**

**22nd – Bingo**

**October 6th – Craft - Photo Transfer**

**13th – Insta Pot cooking**

**27th – Bingo**

**November 3rd – Thanksgiving Craft**

**10th – Cooking Class**

**17th – Bingo**

**December 1st – Christmas Craft**

**8th – Insta Pot Cooking**

**15th – Christmas Music Appreciation**

**22nd - Bingo**

**Cabell-Wayne’s “Official”**

**Introduction to Newcomers**

**Doing anything strangely and for the first time, can be a daunting task. It’s no different if you are moving into a new home, starting a new job, or visiting a doctor‘s office for the first time. We all get the jitters. The same is true for new visitors and new consumers of Cabell-Wayne Association of the Blind.**

**To make it easier to get acquainted, the Services Division offers new, and potential consumer two pieces of printed information that helps to bridge the gap between the strange and the familiar - The CWAB® Consumer Handbook, and the agency’s greeting brochure. Each with its own wealth of information.**

**Inasmuch as many of the readers of the Guide Page Magazine may not be familiar with, say the agency brochure, we will present it to you on the following two pages.**

**In regular print form, the brochure is a trifold document, which makes it super easy to mail. Information on our services as well as agency contact information is included. If you’d like to have a printed copy, contact the Services Division at 304-522-6991.**

**<HERE IS THE CONTENT OF THAT BROCHURE>**

**Cabell-Wayne Association of the Blind**

**CWAB® Services for the Blind and Visually Impaired**

**Helping to shape the future and enrich the lives of the blind and**

**visually impaired in our area**

**CWAB(R) is the leading local resource for people who are blind or visually impaired. CWAB(R) works with other organizations and community resources to provide consumers with every opportunity available to them.**

**CWAB(R) is a non-profit organization founded in 1975. The Services Division Component, which provides aids and instruction to registered consumers was activated in 1989 and is funded through grants, including a major one from the Teubert Charitable Trust, and through direct contributions.**

**What bars us from first-class status is not inferiority inherent in blindness, but rather, the tacit acceptance of a diminished role with minimal expectations and minimal opportunity for full participation.**

**Ann Shroeder**

**1989 International Rehabilitation Conference**

**CWAB® Vision:**

**CWAB® will be seen nationally as a model for organizations and agencies that help blind and visually impaired persons achieve maximum independence. CWAB® will be known for timely and appropriate state-of-the-art responses to the changing needs of consumers throughout the Tri-State area and beyond.**

**CWAB® Mission:**

**The Cabell-Wayne Association of the Blind is committed to promoting and advocating the economic, educational, and social welfare of the blind and visually impaired of all ages so that they can maintain a life style comparable to other members of society.**

**Here is what we do:**

**Transportation, Vision Rehabilitation, Orientation and Mobility,**

**Adaptive Technology, Consumer Services, Recreation,**

**Media/Marketing, Peer Support Groups, Volunteers,**

**Community Involvement, Employment Support**

**Transportation is provided to registered consumers of CWAB®. Destinations include doctor**’**s visits, work locations and CWAB® events. All other requests are handled on a case by case basis.**

**Vision Rehabilitation is provided through a CVRT® (Certified Vision Rehabilitation Therapist). Consumers are provided with aids based on evaluation of visual function as well as need. Training in Daily Living Skills including creating and reading Braille, cooking, and organizing is also available.**

**Orientation and Mobility (OM) is the way we function in our environment. Training in the specialized skills involved is offered by our COMS® (Certified Orientation and Mobility Specialist) and is individualized to meet the needs and abilities of the consumer.**

**Adaptive Technology provides specially adapted computers and Electronic Video Magnifiers to qualified consumers through a lending program. Training is also available on these and other devices.**

**Consumer Services provides assistance with daily tasks such as shopping, book keeping, organization and other necessary tasks.**

**Adult Recreation offers social interaction through many activities such as picnics, parties, bingo, plays, concerts, YMCA and crafts. These activities allow consumers to enjoy a full and active life-style.**

**Teubert Prep is the recreation program for children of Cabell and Wayne counties who are blind or visually impaired. It offers opportunities to socialize one-on-one with peers who are sighted. Families are provided an opportunity to share challenges and successes with a Parents support group.**

**Our Media-Marketing program is responsible for producing the monthly Guide Page Magazine and for maintaining the agency website www.cabellwayne.org. Advertising and spreading the word of what we do through all media resources is also a priority for this program.**

**Peer Support Groups meet on a regular basis. In these groups our consumers are provided opportunities to learn and socialize with others who share similar life experiences.**

**Volunteers are an important part of what we do. Volunteers are utilized for direct and indirect services.**

**Community Involvement including in-service education, health fairs, and outreach events. We also strive to include the community in our events.**

**Employment Support is provided by all programs of CWAB® from Transportation to Adaptive Technology to VRT to OM. Our goal is to assist in any way we can so that our consumers live the life they desire.**

**If you have any questions, wish to apply for one of the programs, or know someone who could benefit from our services, please contact:**

**Cabell-Wayne Association of the Blind Services Division**

**38 Washington Avenue**

**Huntington, WV 25701**

**304-522-6991**

**Fax 304-522-6924**

**Website www.cabellwayne.org**

**Please remember us in your will.**

**The Cabell-Wayne Association of the Blind agency logo is seen twice in this brochure**

**Cabell-Wayne Association of the Blind’s annual Halloween Party will be held Friday, October 15th, 6 tp 9 p.m. at the C.W.A.B. Activities Center, 63 West Third Avenue. Lots of food, games, music - and fun!!! Call 304-522-6991 for details.**

Cabell-Wayne

Association of the Blind’s

Services Division offices

WILL BE CLOSED

Thursday, November 25th

To observe Thanksgiving

– AND –

Friday, December 24th, and

Monday, December 27th

in observance of

Christmas.

All services and activities will resume on Tuesday, December 28th

ENJOY THE HOLIDAYS

Everyone!

**Notes From The Editor**

**Hi there! Welcome to the FALL issue!**

**First thing - I’d like to publicly thank James Earl Parsons for taking the time to narrate our August issue. He worked hard on it and it showed! Good job, and THANK YOU, James Earl!**

**This is an interesting Guide Page. There is new up-to-date information regarding Cabell-Wayne’s COVID policies, an article on the Huntington Museum of Art’s Trail expansion program, highlights of our Association’s 45th Anniversary celebration, and a follow-up to how our braille issue is created, I describe how I produce the paper issue of the Guide Page.**

**I hope you enjoy this issue!**

**There is one image with this article. The picture appears at the bottom of the article page. It shows Crabtree at his office work desk. A portion of a computer monitor can be seen just past his right shoulder. Crabtree is broadly smiling.**

On the next page of the print edition is a word search puzzle forAugust. This item will not appear in the braille, web text, or audio editions of the Guide Page Magazine.

Up, Up, and Away!

**By Zach Davis**

**They say adventure is out there, and boy does CWAB® answer the call! On August 26, 2021 seven consumers and three staff found themselves at Heritage Farm and Museums to experience one of their newest thrills that just opened this past May. That thrill goes by the name RedTail Racers, a Duel Zip-line course.  The zip-line takes adventure seekers across about 1,100 feet of line, 150’ in the air, where zippers can hit speeds of up to 40 mph! What a rush of adrenaline one gets in just 23 seconds! If that doesn’t get your heart pumping, or you were too scared to enjoy the first flight never fear, you have to zip back across the mountain one more time before you finish! “It was a lot of fun” said Consumer Gene Quodala.**

**Ironically the adventure didn’t start and end with the Zip-line course. In order to reach the top of the mountain and return back to the village, adventure seekers are chauffeured in UTV’S that Heritage Farm affectionately call Holler Haulers. You board these vehicles and buckle up for a bumpy yet fun ride. Depending on the driver your ride can get a little wild, such as drifting in taller grassy areas, splashing through mud holes, and tight and twisted turns.**

**The staff at Heritage Farms for the Zip-line course was top notch and went above and beyond to make everyone feel safe and secure during our time there. A few staff members even zipped alongside a few consumers to make sure they felt comfortable. The zip-line staff was literally there for us every step of the way, and smiling the whole time.**

**Heritage Farms new adventure experiences opened this past May and will run until the end of October, weather permitting. In addition to the RedTails Zip-lines, they have a 4 story tall adventure ropes course they call Talithakoum at the top of the mountain overlooking the village, you can also free fall from the top if desired. They also offer a family friendly ropes course called TreeRock Challenge that’s in the heart of the village. All these experiences are additional costs and it is recommended you call ahead of time to reserve your spot. They also have weight restrictions guests must meet in order to participate. All information regarding their new adventure experiences can be found on the Heritage Farm and Museum website.**

**Consumers that participated included Board President Joann Wallace, board members Mike Fitzpatrick, Kim Blake, Wanda Annis and consumers Caitlyn Railey, Gene Quodala, and Rodney Adkins. CWAB® Staff members included Hailey Tabor, Zach Davis, and Executive Director Toni Walls.**

**There are five photos with this article. Beginning on the opposite page of the article, there is a full page photo of Mike Fitzpatrick dressed in harness and helmet. There is text on the picture over top of Mike’s head. The caption reads, “Consumer Mike Fitzpatrick geared up for the challenge at Heritage Farms’ Zip-Line!” The remaining four pictures show varying scenes from the event. Scenes include: Consumers inside of a vehicle, two pictures of consumers during their zip-line trip, and lastly the tower they had to climb to get to the zip-line platform.**

**Association Celebrates Anniversary**

**It is said that all good things come to those who wait. This came to pass on Saturday, August 7th as the Association celebrated its 45th anniversary as an entity. It also served as this year’s Summer Bash. Originally scheduled for 2020, the celebration was postponed due to COVID-19 restrictions.**

**Consumers, Board members and staff gathered at the C.W.A.B. Activities Building for several hours of fun, food and music. A light lunch was served, and Jerry Crabtree provided music from the mid-70’s - which was the theme for the festivities since the Association was founded in 1975. To honor this event the CWAB® staff wore tie-dyed t-shirts, consumers dressed in their best 1970 theme clothing. They looked groovy!**

**Long-time fixture, board member, and Association treasurer Laundle Powers was given an award for “Most Years Served As An Associate Member”. An “Associate Member” is defined as: “a non-consumer participant of the Association“.**

**The area was decorated with bright colors. Tablecloths were alternated between white and gold, Place settings were faux gold party flatware.**

**Attendees took advantage of a photo booth, and staff had the opportunity to take a group “party picture”!**

**There are eleven photos with this article. Pictures range from the celebration cake, group staff picture, Laundle Powers receiving his recognition award, and photos of attendees in the “photo booth”.**

**Construction of a Guide Page**

**In the August 2021 issue of the Guide Page Magazine (page 20), we answered a question about how our braille issue is created. So, to follow suit, it is only fitting we present to you the method(s) by which the Guide Page Magazine’s print edition is put together. As we close in on our 300th issue, it’s fair to say we have a good handle on the process!**

**In the late 90’s this publication was assembled using Adobe Page Maker (Adobe is the same company that created Photoshop). Being new to the process I found this software to be increasingly awkward. Former Adaptive Technologist Sam McClanahan, through his previous experience with his father-in-law, introduced me to QuarkXPress. “Quark” as it is called, is a highly sophisticated and flexible piece of software. Rightfully so. It is to this day, used by countless publishers worldwide.**

**As Quark evolved over the past two decades, so has my publishing skills. I have since found that with Quark’s extensive array of tweak-ability, I was not utilizing it to its full extent. Also there was increasing descent amidst the Quark community regarding its pricing, service plans, and support. I began to be increasingly concerned about using the product. I even halted upgrading as of 2017. Even though the software continues to evolve, as a visually impaired person, the 2017 version was where I felt most comfortable.**

**I abandoned using Quark late in 2020.**

**In its place I use Affinity Publisher - a feature-rich desktop publishing software package that is simply fantastic! At less than a quarter of the price of a QuarkXPress upgrade, Publisher has all the bells and whistles I need. Plus there is an ever-present Facebook community I can turn to for support and advice. I am in a very comfortable place.**

**Now, here’s how the process goes:**

**Since March of 2020, I have been working from home. There is daily communication via text and email between myself and the Services Division. Ideas and files are exchanged regularly. There is a small amount of conversion of these documents as the office uses Windows-based computers, and I use an iMac. I love it!**

**It is true that some magazine components are used repeatedly. This is standard practice since some information seldom changes.**

**The magazine is comprised of photos (JPG), text (Word documents), PDF’s, Photoshop PSD files, and tables.**

**I occasionally start with a blank slate, meaning blank pages. Each page is comprised of various elements of either pictures, text, or tables. For example, the Word Search page uses tables for characters and search words. I use the software tools to “draw” a box of the size I want, then import either text or a photo into that box. I then use these tools to manipulate the box: I can increase/decrease the size, wrap text, add box frames, etc.**

**For the cover page the process is a bit different. Using Photoshop, I take a photo - from whatever source, or create a design of my own with text and images, save the end result, then import that file to the first page of the issue, creating a cover unique to that particular month.**

**After multiple edits, I produce a PDF file. That file is transferred from my home office to Cabell-Wayne, (my work computer).**

**By this time Jeff Ball has printed the address pages. These pages are placed in a specific drawer of our Toshiba copier. I then remotely send a command telling it to pull the address page from the drawer, print the remaining contents, then staple the issue together.**

**After all issues are printed, they are sorted in special stacks, bundled, and sent to the post office. Depending upon your mail schedule, you will receive your Guide Page Magazine in one to three days.**

**The audio edition is a bit more time consuming to produce. A script of text is created from the finished magazine, the text is narrated - usually by me - then edited for mistakes and continuity. The recording and editing can take as much as three full days of steady working. Once the file is ready, it is sent to software designed to burn CD’s. The CD content is arranged in chapters, or tracks, then the discs are burned. Again, depending on the length of the audio file, the process can take one to three hours. When done, CWAB® transportation picks it up, returns to The Services Division where it is packaged, stamped, and sent to the post office. As with the print edition, you will receive it is a few days.**

**This process is the same month-in-month-out. Occasionally there will be a hiccup and we alter the plan, but regardless we get it to you as fast as possible.**

**And now you know!**

**There are eight thumbnail images of Guide Page covers at the beginning of the article, and there are two screenshots at the article conclusion. They are of the Affinity Publisher software and of the PreSonus StudioOne software used for recording audio.**

**Huntington Museum Of Art To Expand Trail System**

**By FRED PACE**

**The Herald-Dispatch**

**Aug 14, 2021**

**HUNTINGTON — Federal funding has been secured to help the Huntington Museum of Art complete a nature trail on its property that’s accessible to all.**

**Geoffrey Fleming, executive director of the museum, said from the beginning, the vision for the facility was to make it much more than just a museum.**

**“Herbert Fitzpatrick, who owned all this land and was our founder, wanted it to be a nature conservancy, a bird sanctuary, a museum, nature trails and much more,” Fleming said.**

**The museum was incorporated in 1947 and opened to the public in 1952. Today, as the only nationally accredited visual art museum of its size in the Tri-State, the museum encompasses a permanent art collection of more than 16,000 objects, 10 exhibition spaces, an interactive education gallery, an art reference library of nearly 27,000 volumes, a 287-seat auditorium, the only tropical and subtropical plant conservatory in West Virginia, a coral reef aquarium, two outdoor sculpture courts, five studio workshops, two miles of hiking trails and a quarter-mile paved accessible Sensory Trail for the visually impaired.**

**U.S. Sens. Shelley Moore Capito, R-W.Va., and Joe Manchin, D-W.Va., members of the Senate Appropriations Committee, and U.S. Rep. Carol Miller, R-W.Va., recently announced $143,550 in annual appropriations from the Institute of Museum and Library Services to expand and enhance the current HMA Nature Trail System.**

**A key element of the grant project will be the expansion of the Teubert Sensory Trail, which is specifically designed to meet the needs of visually impaired individuals and people who use wheelchairs, according to Fleming.**

**“This trail was started over a decade ago,” he said. “It was meant to be a level, smooth surface to be used by people using wheelchairs and other disabilities to take part in the trail system.”**

**Fleming says the problem was the project ran out of funding and was never completed.**

**“The idea was that it was supposed to be a complete loop,” he said. “You go out one side and come out the other. But what happened is that it just stops. You can go down, but you have to come back up. So we are going to complete the loop, add some more sensory stations along the trail, and add lots of educational signage and other conveniences to the entire trail system.”**

**Fleming said these initiatives will double the length of the existing sensory trail.**

**“We are committed to making nature more accessible, inviting and engaging for individuals and families who visit the**

**Huntington Museum of Art, particularly those who face barriers to participation, and to expanding the educational resources available to people of all ages,” he said.**

**The grant award is for a total project to cost $287,104, which will be executed over the next three years.**

**“Every individual, no matter their circumstance, should have the same opportunity and ability to connect with art and nature,” Miller said in announcing the funding.**

**Manchin said he was “thrilled” the Institute of Museum and Library Services is investing in the Huntington museum, which he called “a treasured institution in our state, combining the arts with nature.”**

**“West Virginia is nationally recognized for the beauty and splendor of our landscape,” Capito said in the announcement. “I’m glad to see the Huntington Museum of Art taking steps to make our state’s nature and trail systems more accessible for those with disabilities and increasing educational signage to enhance the visitor experience.”**

**Fleming said the funding is a matching grant, and museum officials are now busily working to identify partners to help secure the remainder of the funds for the project.**

**“We have identified some partners, who we’ve been talking with, but there are always people that love the trail that may not be as involved with the museum, so anytime we can connect with them it’s helpful,” he said. “We are willing to talk to anyone that might want to be a partner and help us bring funding in to match the project grant.”**

**For more information about the HMA, visit www.hmoa.org.**

**There is a photo at the beginning of this article. The image Showa museum director Geoffre4y Fleming with his left hand resting on w wooden fence. The caption reads, “Huntington Museum of Art executive director Geoffrey Fleming stands at an entrance to the museum’s nature trail on August 13th Huntington. The museum plans to expand the trail system with $143,550 in annual appropriations from the Institute of Museum and Library Services. Sholten Singer/HD Media” There is also a full-page map at the conclusion of the article. The may shows the trail as mentioned in the article.**

**This photograph and article are copyright(C) the Herald-Dispatch. All Rights Reserved.**

**Follow reporter Fred Pace at Facebook.com/FredPaceHD and via Twitter @FredPaceHD or email him at fpace@hdmediallc.com.**

**Technology News (with Jeff Ball)**

**Classes in iOS and computer training are now available. This will be offered by priority in this order – Board members, working consumers, college students, and consumers who aren’t in those categories. Urgent need will always be considered a top priority.**

**Classes are set up in 8 week sessions. At the end of each 8 weeks consumer and instructor will evaluate progress and decide what comes next.**

**Each class will last approximately 1 hour and Topics cover will include:**

**• iOS: Voiceover, Finger gestures, Siri, Text messages, Phone calls, Time, Weather, To do list, and Facebook, which will be the last topic covered if requested.**

**• Computer: Basic keyboarding, Basic computer skills, Advanced computer skills**

**In regards to COVID, the classroom will be thoroughly sanitized before and after each class session. An air sanitizer has been purchased for the classroom and will run throughout class time. Student and/or instructor may request that masks be worn and are asked to be respectful regarding this request.**

**Please feel free to contact me at any time for further details, or if there is something specific you would like to know. Also, feel free to reach out to Director, Toni Walls with questions or concerns.**

**Jeff Ball, Adaptive Technologist**

**304-522-6991**

**jeffball@cabellwayne.org**

**toniwalls@cabellwayne.org**

**Cabell-Wayne Association of the Blind**

**Services Division T-Shirt Sale**

**CWAB® Services Division is offering t-shirts for sale. These have the logo and name on the front left and the new design on the back of the t-shirt. Description of the back is as follows:**

**Name across the top with logo at top of back of shirt facing a weaving roadway. Along the roadway are signs labeled (from top to bottom) “The Guide Page”, “Recreation”, “Consumer Services”, “Adaptive Technology”, “Transportation”, “Vision Rehab”, and “OM”. At the bottom there is a banner that reads “Independence”.**

**Basic colors being offered are Navy, Royal blue, Red, Marshall Green, and Purple. We have some of these in stock at all times. There are many other colors available so if you desire a different color please call and ask for Toni to discuss. We are also offering several tie-die versions.**

**Prices:**

**Short sleeve                 $15**

**Long Sleeve                 $20**

**Short Sleeve Tie-Die   $20**

**Long Sleeve Tie-die     $25**

**Our next order will go in around the end of October so get your orders in now!**

**Prices subject to change based on cost to CWAB®**

**There are two photos with this article. They are of Hailey Tabor wearing a tee shirt as mentioned. The caption reads: Transportation team member, Hailey Tabor, shows the front and back of the Royal Blue t-shirt”**

**Guide Page by Email: Click, open, and read!**

**For three decades the GUIDE PAGE MAGAZINE has been freely offered in a variety of formats to suit the vision needs of consumers,, and the general public. change as technology changes. Generally we offer large print, Braille, or an audio CD, and for our internet savvy consumers, audio, PDF, and text issues, which are available on cwab.org.**

**We produce hundreds of copies of the GUIDE PAGE Magazine each month, with most formats requiring postage for delivery. The most cost effective issues we produce are email.**

**Email issues need no ink, paper, packaging, or postage. Recipients simply open their inbox and read or let their screen reader software read it for them.**

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**Ty Beanie Babies® Fundraiser!**

**Cabell-Wayne’s Beanie Babies® Fundraiser**

**NEEDS YOUR HELP!!!**

**This fundraiser has been on-going before anyone heard of COVID-19!**

**Winner will be drawn on December 4, 2021.**

**There are 31 adorable Beanies, along with 25 miniatures, all snuggled inside a hand-made basket.**

**Tickets are as follows:**

**1 for $1**

**6 for $5**

**12 for $10**

**20 for $15**

**There is one photo with this article. The picture appears on the bottom left of the print page and is of the basket filled with Beanie Babies®.**

**Cabell-Wayne Association of the Blind Services Division relies on multiple fundraisers. Since the onset of COVID-19, our regular schedule of events have been adjusted, and re-adjusted. Despite these changes, there are still ways to assist with fundraising.**

***Following are some of those ways. For more information please contact Toni Walls or Danielle High*.**

**AmazonSmile® - go to smile.amazon.com to shop. On your first visit there you select the charity to which you wish to donate.**

**Kroger Community Rewards - This is linked to your Kroger card. You must set up a digital account and link your card to an organization. Our NPO number is PK519.**

**Rada Cutlery – Knives, utensils, quick mixes, gift sets and recipe and gift books. Call CWAB® for information on ordering.**

**Shopping Opportunities**

**Consumers are able to utilize CWAB® Services Division Transportation Program for scheduled shopping trips on Tuesdays or Thursdays. These trips are available to:**

**Walmart Rt. 60, Target, \Kroger on 5th Avenue, Huntington Mall, Aldi’s on Washington Avenue**

**Any other location requests must go through Executive Director, Toni I. Walls for consideration.**

**Here are shopping guidelines:**

**• Two hour limit**

**• One location**

**• Must be between the hours of 10-1**

**• Purchases are limited to what the consumer can carry independently. Drivers may help get purchases to the front door, if schedule permits.**

**A guide or companion is encouraged.**

**Need A Ride?**

**Here Are Some Guidelines**

**1. Everyone must wear seatbelts at ALL times. There is no exception to this. Not only is this in compliance with state laws, it is also part of our Policies and Procedures.**

**2. Be ready. Our drivers are instructed to only wait 10 minutes once they arrive at your home. This insures that they are not late for their next run.**

**3. You will receive a courtesy call prior to your ride. This may be an hour before (if you live out of Huntington) but should be no less than 10 minutes before. Failure to accept this call can lead to you losing your ride that day.**

**4. No open containers of food or beverage are ever allowed on our shuttles.**

**5. Please respect your drivers. They may not take the route you are familiar with but they may know of traffic problems you aren’t aware of.**

**If you have a concern, feel free to discuss it with Transportation Supervisor Jim Dorton or Executive Director Toni Walls.**

**Our transportation department is a wonderful privilege to those who need the valuable service. Let’s be appreciative and compliant with the rules.**

**Thank you!**

**Toni I. Walls**

**Executive Director**

**Planned Giving**

**So, what is planned giving? By definition, a planned gift is any major gift, made in lifetime or at death as part of a donor’s overall financial and/or estate planning.**

**Cabell-Wayne Association of the Blind has had the good fortune to receive several such gifts.**

**These gifts will provide goods and services to the blind and visually impaired of Cabell and Wayne Counties of West Virginia. They will also provide funding for operational expenses.**

**Planned Giving is the most practical way to ensure your personal and financial wishes are fulfilled after you are gone.**

**Cabell-Wayne Association of the Blind is more than happy to discuss with you the many ways the agency could benefit from your wishes. Contact the Services Division office at 304-522-6991.**

**CWAB® (registered trademark) Services**

**TRANSPORTATION – Getting around is a major roadblock to the blind and visually impaired. Consumers are offered free transportation to work, doctor’s appointments, shopping, and group activities. Limited vision no longer means limited transportation.**

**ORIENTATION & MOBILITY – O&M’s goal is to train consumers with techniques of safe, efficient travel both in the home and into the community. Skills are taught that are vital for independence, confidence and self-satisfaction. Instruction is built around the goals and needs of the student.**

**REHABILITATION – Learning new skills to improve daily living enhances quality of life for the visually impaired. Magnifiers and talking devices are available. Instruction in Braille, cooking, and even simple tasks like phone dialing can lead to a more independent life.**

**COMPUTER TRAINING - Training is the key to computer technology. Utilizing keystrokes and enhancement software, the student learns to complete a variety of tasks sighted computer users take for granted. Limited vision should not limit your technical training.**

**ADAPTIVE TECHNOLOGY - A CCTV can be used to magnify books, newspapers, and magazine print to the size of a regular television screen allowing individuals the ability to enjoy reading again. Adaptive technology can bring you back to the world, and the world to you.**

**RECREATION – Everyone knows the key to success is the ability to play well with others. CWAB®’s recreational program offers a variety of activities for any age consumer. Both indoor and outdoor events are scheduled on a regular basis.**

**For more information on services, volunteering, and planned giving, call 34-522-6991.**

**This is the end of the Guide Page Magazine, Volume 32, Issue 9, FALL 2021.**

**— end. —**