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**Cabell-Wayne Association of the Blind, Inc.**

**Executive Officers:**

**Joann Wallace - President**

**Joanna Holbrook – Vice-President**

**Leah Thompson - Secretary**

**Board Members: Toni I. Walls, Executive Director, Wanda Annis, Mike Fitzpatrick, Caitlin Railey, Mark Oldaker, Pearl Church, Kim Blake,** Freda Romans, and Brandon Morgan

**Emeritus members:**

**Ken Hicks,**

**Ernie Golder**

**Toni Walls, Executive Director**

**Jerry Crabtree, GUIDE PAGE editor**

**Major funding provided by the James H. And Alice Teubert Charitable Trust,**

**In This Issue: Pottery Class Offered, Mission and Vision, Our Director, The QR Code, Halloween Party, The Excursion, Sweets For Sight RESULTS! , GUIDE PAGE By Email, Notes From The Editor, Transportation, Activities Center Serves Community, CWAB® Services Division T-Shirt Sale, Ongoing Fundraisers, Marcos Coupon Card Fundraiser, Shopping Opportunities, Welcome for Newcomers, Planned Giving, CWAB® Services**

The ever popular Pottery Class Returns!

**Beginning this October for six weeks consumers can learn to make a variety of objects using clay under the direction of Kathleen Kneafsey, Artist In Residence at the Huntington Museum of Art.**

**Classes will meet on Wednesdays from 1 to 3 p.m., Beginning October 5th. As usual, priority will be given to those who have never participated in pottery. Seats are on a first-come first-served basis.**

**To sign up, or for more information, contact the Services Division at 304-522-6991. All sign-ups must go through Toni. If she is not available, please leave a message.**

**Cabell-Wayne Association of the Blind**

**Mission and Vision Statements**

**OUR MISSION: Cabell-Wayne Association of the Blind is committed to promoting and advocating the economic, educational, and social welfare of the blind and visually impaired of all ages so that they can maintain a lifestyle comparable to other members of society.**

**OUR VISION: CWAB® (registered trademark) will be seen nationally as a model for organizations and agencies that help blind and visually impaired persons achieve maximum independence. CWAB® will be known for timely and appropriate state-of-the-art responses to the changing needs of consumers throughout the Tri-State area and beyond.**

Our **Director**

**Greetings!!**

**September saw us taking a fantastic, busy, and well enjoyed trip to Nashville. Within this issue, you will find a write-up and pictures of the trip. I believe everyone had a great time. We got to experience locations that most on the trip had only ever heard of, never imagining that they would be there one day! The Association financed the trip, and 2 staff members (myself and Zach Davis) accompanied them to assist. I for one feel**

**very blessed to have been able to experience this – with 28 of my closest friends!!**

**We are coming into the holiday season and with that comes a flurry of activity! Our Wednesday afternoons will be filled with pottery class at the Museum of art and our support groups will be coming back together to enjoy another year of fellowship and enrichment. We have started a new group – for those with vision impairments plus other abilities. Those who meet that criteria will be contacted soon if they haven’t been already.**

**We are also attempting to start a group where men can come together to talk about things that are interesting and important to them Current support groups continue to meet, grow, and flex with the times.**

**The staff here at CWAB® Services Division loves what we do and who we do it for! We are truly blessed!**

**If you have any thoughts, compliments, or complaints feel free to reach out to me!…..**

**Toni Walls, COMS, CVRT, Executive Director**

**Cabell-Wayne Association of the Blind**

**Services Division**

**There is one photo with this article. The picture is of Toni Walls. She is seated with her torso turned slightly toward the photographer. She is wearing a black sweater over a floral print blouse. She has below the shoulder-length hair, and is slightly smiling. The background of the image is totally black.**

**Agency Adapts QR Code**

**In the July issue of the Guide Page Magazine we introduced you to the QR Code, and mentioned that the code image would be placed on various publications issued by CWAB® Services Division. The QR code (image) is read by your device’s camera, and through an app, is interpreted and the proper information is displayed.**

**Apps are normally obtained from Apple’s App Store, and from the Google Play Store for iOS and Android devices respectively. These apps are generally free.**

**Any questions? Please feel free to reach out to CWAB®’s Services Division at 304-522-6991.**

**There is one graphic with this article. The graphic is of the actual QR code. With the QR Reader app installed on your device, holding your phone over this image will direct you to the agency’s website.**

**Cabell-Wayne Association of the Blind’s Halloween Party will be held Friday, October 24th, from 2 to 4 p.m.**

**Food - Games - Music - FUN!**

**Call 304-522-6991 to sign up or for transportation!**

**The Excursion**

**You’ve all heard the old adage, “Good things come to those who wait,” right?  Well, a long-awaited excursion to Tennessee finally came to fruition the second week of September, when 30 consumers, companions, and staff, headed south for a three-day, two night trip to Nashville, TN.**

**The trip was chosen, and voted on by majority during two 2019 Association meetings.  Originally scheduled for September 2020, the outbreak and severity of COVID put a kibosh on original trip plans.  September 2020 brought a red light for this most anticipated trip.**

**After nearly a two-year wait, and countless COVID restrictions, the green light was finally given for the overnight trip hosted by CWAB® Services Division, and paid for by the Cabell-Wayne Association of the Blind. Leaving Huntington shortly after 11a.m. on Monday, September 12, on a chartered Croswell tour bus the first stop was the Fayette Mall in Lexington, KY.  Here travelers had a wide variety of lunch choices.  Everything from the usual mall food-court menu to the posh Cheesecake Factory restaurant - which was a local favorite.**

**After re-boarding the bus, it was time to head straight to Nashville for a scheduled dinner & show cruise**

**aboard Nashville’s renowned General Jackson Showboat.**

**Dinner included chicken breast, short ribs, green beans, and baby potatoes.  Dessert was a cinnamon fruit strudel. The musical program was presented by very talented musicians and vocalists, and featured a variety of styles, ranging from Dixieland Blues to both traditional and modern  Country Music.**

**By 11, weary travelers were checked into their rooms at the Drury Inn & Suites for a well deserved rest!**

**Day two began with an early and well-received continental breakfast at the hotel.  By 8:30 am, everyone again boarded the bus for a trip to the**

**nationally acclaimed Country Music Hall of Fame and Museum in downtown Nashville.  The group was warmly greeted by museum staff - one of which was from Ohio and a former Marshall University cheerleader, who upon learning the group was from Huntington, lead those willing in two rousing cheers of, “WE ARE…. MARSHALL!“ Quite thrilling and inspiring to hear within the hallowed halls of the museum!  Our group was also thrilled to meet an employee of the Hall who was legally blind and who used a long white cane.**

**During the nearly three hours spent there, hundreds upon hundreds of historical artifacts were viewed.  Specifically exhibits featuring the life, recording**

**career, and writing talents of Whisperin’ Bill Anderson, Martina McBride, Taylor Swift, and others.  Of particular note was a display featuring Elvis Presley’s gold-plated Cadillac! The highlight of the museum tour was the rotunda, which displayed bronze plaques of every artist elected to the Country Music Hall of Fame since it’s introduction in 1961!**

**These wall-mounted plaques feature the artists’ likeness, with a brief description.  Artists such as Johnny Cash, Little Jimmy Dickens, Minnie Pearl, Elvis Presley, Garth Brooks, Barbara Mandrell, The Statler Brothers, and Alabama are enshrined there.  Newly-elected mother and daughter group, The Judds, had not yet had their plaque added.**

**At the tour conclusion, the group headed back to the hotel for a refresh, and lunch break.  Each individual was previously given a trip “gift bag” which among, other things, contained a neon-green CWAB® shirt especially for the purpose of wearing to dinner that evening, and to the trip highlight - a Tuesday Grand Ole Opry show and backstage tour!**

**The group was escorted to the Opry Mills mall, where they had ample time to shop and discover this large Nashville mall. Dinner was enjoyed at a very unique Nashville restaurant - The Aquarium.  “How was this so unique,” you ask?  It was a restaurant which surrounded a 200,000-gallon aquarium tank, which was home to a large variety of fish, sharks, stingrays,**

**and more!  While dining, patrons could watch these creatures swimming through!**

**At the conclusion of the meal, the group exited Opry Mills mall, and after a very short walk, was standing at the entrance of the Grand Ole Opry house. With exceptionally good seats - second, third, or fourth rows, the group was seated for the evening’s performance.  On stage this particular Tuesday night, (9/13), were Riders In The Sky, (“Woody’s Roundup” from Toy Story), Grammy Award Winner Rhonda Vincent and the Rage, and CMA (Country Music Association) award winner, Ashley McBryde.  Also performing were Molly Tuttle and Golden Highway, Morgan Wade, Maggie Rose, and Lukas Nelson and**

**Promise of the Real.  The show lasted from 7 to 9:15, which included a fifteen minute intermission.**

**After the show, those who had a backstage tour scheduled gathered at seating, center stage. Tour participants were greeted by a group of tour guides, who gave a brief explanation of how the tours would proceed. We were soon divided into groups of 30 which accommodated our group perfectly!**

**The first stop backstage was the Jimmy Capps  Music Room.  Capps, a 60-year Opry staff band member, studio musician, passed away in 2019.  Capps musical repertoire included “Stand By Your Man” “The Gambler” “He Stopped Loving Her Today” and “The**

**Rose”.  Capps was also regularly seen on Larry’s Country Diner, and the Country Family Reunion tv series of programs.**

**Other areas visited included  the Opry Staff band rehearsal room, Studio A, (where Bill Anderson’s “Opry Backstage” and episodes of “Hee-Haw” were videotaped), and the Opry post office.  The highlight of the backstage tour were the luxurious themed dressing rooms, the Family Room, and the Opry stage itself.  It was pointed out that there was no dressing room “Number 13”.  “We’re pretty superstitious around here,” exclaimed the tour guide.**

**The Opry stage is impressive!  From this position in the house, amplifiers, pianos, steel, electric, and bass guitars, drums, and other instruments are strategically placed, and electronically connected to provide beautiful music within the building for front-of-house, and also broadcast purposes.  Lighting, large screens, and cameras are also used to enhance both in-person and broadcast schedules.  It should be noted that the Opry House itself is regularly used for a variety of programming.  Funerals of several of Country Music’s most beloved artists have also been held here.**

**After a multitude of questions, individual and group photos, the group returned to their bus for the return trip to the hotel.**

**Wednesday would be another busy day!**

**Wednesday morning, travelers again enjoyed a continental breakfast at the Drury before heading to their final tour stop - the “Hermitage” - home of former U.S. President Andrew Jackson.**

**I believe the best way to describe The Hermitage is a 90% perfect step back in time.  The tour guide said the 1,170-acre property was the most-visited presidential home.  More so than Thomas Jefferson’s Monticello,  or George Washington’s Mt. Vernon.**

**The guide explained in great detail about the mansion and that the current version was the third one to be**

**built.  He explained that meticulous records and receipts were found that provided historical dates for numerous items purchased by Mr. Jackson, and recorded their original cost.  Detailed descriptions were given for each room - both up and downstairs.  The tour guides were very attentive that each tour member could hear what was being said, have their questions answered, and gladly gave maneuverability assistance to those who required it.**

**The grounds were well kept.  It was evident that changes (for the better), in certain areas for maintenance, and prosperity were ongoing.**

**At the appropriate time tour participants boarded the bus for a short trip to an area Cracker Barrel for an afternoon meal.  Since it was nearly 2 p.m. Central time - 3 p.m., Eastern time, the decision was made to forgo the planned “evening” meal, and head home to Huntington.  With one potty-break, the charter arrived at the Services Division office shortly before 9:30 - well before the original 11 p.m.**

**Judging by the reactions of those on the trip, it was very much enjoyed by everyone - including Regina, the primary bus driver.**

**There are twenty-nine images with this article - some images have a caption.**

**The first image appears at the bottom half of the article’s last page and is a photo of the inside of the tour bus looking from the front of the bus to the back. There is no caption.**

**There are five images on the next page. Those images are: (top row), the view across the Grand Ole Opry stage. The famous Opry stage backdrop is seen on the right side of this image. The next picture is an “artist view”, from the Opry stage out into the auditorium. An upper level, and a lower level is seen. On the second row: (on the left) Emily Crabtree Stephens and Zach Davis are having fun with a statue of a hippopotamus at the Aquarium restaurant. The next image is a selfie of Toni Walls and Emily Crabtree Stephens in the audience at the Grand Ole Opry. The image has a blue hue - a reflection from stage lighting. The final picture o n this page is of the infamous wooden circle in the middle of the Opry stage.**

**On the next page is a group photo at the entrance to the General Jackson Showboat attraction. The caption reads: “The first “big event” of the Nashville trip - a dinner cruise aboard the famed General Jackson Showboat! The evening featured a delicious meal and an entertaining, and exciting stage show!” On the next page are four more images related to the General Jackson cruise. At the top, (a larger image), again the tour group had their photo taken by the General Jackson cruise company. Underneath are three images - all taken during the cruise with each photo taken at a different t**

**table - all showing our group. There is a caption. It reads, “Launched from a shipyard in Indiana in 1985, the General Jackson is one of the largest showboats ever built. Named after the first steamboat to operate on the Cumberland river, the General Jackson can accommodate up to 1,000 passengers.”**

**Continuing on to the next page - at the Country Music Hall Of Fame and Museum, our group was photographed in the building’s lobby. The**

**caption reads: “Tuesday, September 13 - early, the group visited the world-renowned Country**

**Music Hall of Fame and Museum. The group viewed thousands of artifacts, instruments, and stage outfits worn by literally everyone from Hank Williams, Sr., to Martina McBride. The highlight of the tour was the rotunda where more than a hundred bronze plaques adorned the walls, signifying an artist's induction into the prestigious Country Music Hall of Fame. Artists such as Tom T. Hall, George Jones, Merle Haggard, The Statler Brothers, Alabama, and The**

**Judds are Hall of Fame members.” On the opposite page there are six photos all related to the Museum. The photos include Elvis Presley’s**

**gold plated Cadillac, Jerry Crabtree at the entrance of the Bill Anderson exhibit, (there are two giant posters on the wall over Crabtree’s left and right shoulder). Two consumers are shown exploring a tactile model of the Hall Of Fame building. A photo of the tactile model is also shown.**

**The next page shows three images from the Aquarium restaurant. On the opposite page is a large selfie of Toni Walls and consumers seated at a table behind her. There is a soft blue glow**

**on this image, which is coming from the aquarium itself.**

**The next two pages show images from the excursion’s “big night” - the Grand Ole Opry! The main image was taken after the Opry show, and after the backstage tour. The entire group is on the Opry stage - you can see the official Opry backdrop in the background. The caption reads,**

**“Highlight of the 2022 Nashville trip - after a Tuesday Night Opry performance, and after an extensive backstage tour, was a group photo on the actual stage of the world famous, Grand Ole**

**Opry! In the foreground, you can see a lighter shade of wood on the Opry stage. This circle of wood was taken from the Ryman Auditorium (the Opry’s former home), when the new Opry building was completed in 1974. This circle has survived two major floods, and has seen such notables as Patsy Cline, Johnny Cash, Elvis Presley, and even Hank Williams, Sr., stand in its**

**center!” On the opposite page: Emily Crabtree Stephens and Jerry Crabtree are outside the Opry House. Jerry Crabtree is excitedly pointing to the Opry building. Consumers Caitlin Railey and Johnathan Staley have their photo taken beside a portable sign that says, “Tour The Opry”. Lastly, several CWAB consumers relax on a comfortable sofa in the “Family Room” just offstage.**

**The final set of photos reflect the visit to the Hermitage - the home of former President, Andrew Jackson. The first image shows the mansion itself, with six stately columns at the portico and balcony. The caption reads, “The Hermitage - General Andrew Jackson’s home-place from 1804 until his death in 1845. Located 10 miles east of Nashville, TN this 1,710-acre property is the most visited home of a former President. The current home is the third incarnation of the Jackson estate. One-hundred-and-ten enslaved men, women, and children worked at the property - mostly raising cotton. Nearly 90-percent of the artifacts contained within its walls are authentic, and once were owned by Jackson himself. The remainder are**

**reproductions. The home is on the list of National Historic Landmarks.” The final images show the welcome sign to the Andrew Jackson Center, and lastly, Zachary Parsons and Michael Fitzpatrick are shown standing beside a former well in the mansion’s back yard.**

**Sweets For Sight RESULTS!**

**Cabell-Wayne Association of the Blind’s FOURTH ANNUAL “Sweets For Sight” was a spectacular success! With many returning vendors and new entries, the event brought participants as far away as Knoxville, Tennessee!**

**On the next few pages (of the print edition), we will introduce you to winners, supporters, media partners, and judges. As you can see, to make an event such as this a success, it takes LOTS of participation!**

**BEST TASTE**

**Congratulations again to all our contest winners! “Best Taste” Winners, The Peach Cobbler Factory received their Blenko Glass Trophy for their Peanut Butter and Jelly Banana Pudding!! Check out their shop and try some for yourself today!! Tell them you heard about them here!!!**

**MOST ORIGINAL**

**Congratulations again to SassyCat Cupcakes and More for winning this years “Most Original Creation” for her delicious Cookie Supreme Cake!! Erica was able to stop by to pick up her Blenko Glass Trophy!!**

**HIGHEST BID**

**Congratulations once again to Double Drizzle in Ashland! Winners of the “Highest Bid” Trophy !!! It was an honor to present them their award !! Can’t wait for next years event!!**

**STAFF CHOICE**

**What an honor to present our last award of the 2022 Sweets for Sight event to Lisa’s Jars of Love!!!! Winner of the Inaugural “Staff Choice Award”!!! Congratulations on that amazing German Chocolate Cake Roll!!! We can’t wait until our 2023 Event !!!**

**A NOTE FROM LISA TURLEY**

**I woke up EARLY this morning feeling grateful for all that God has done in my life, but especially in my business. It may not seem like much to many or some ma y still view it as my hobby, but to me it’s a mile marker and another way that God is letting me know I’m on the right path**

**Going from a drug addicted alcoholic to a clean and sober woman with no real direction, selling peach butter in Walmart parking lot, (being so excited when I would sell a jar) to having part time workers is HUGE!**

**Some have said I shouldn’t talk bring up my past because that’s not who I am today and they are correct! It’s NOT who I am today, BUT it IS part of my story and I’m grateful for where God brought me from so I will continue to share it in hopes that SOMEONE can have hope**

**Being part of a community of people serving others is such a blessing and makes my heart full! So to say I am proud to have gotten an award for one of my products, I am, but in a way that says hard work and prayerful decisions DOES pay off! I don’t always get it right, in the kitchen or in my walk with God, but I KNOW He is alway there for me no matter what!**

**I say all of that to say this, no matter where you come from, no matter what you’ve done, you can do ANYTHING you set your mind to do! Do the work, get back up when you fall and try again, but most of all ask God to help you! He will!**

**SUPPORTERS**

**Glen's Sporting Goods**

**CWAB® Service Division**

**Toni Walls**

**Austin's Homemade Ice Cream, Ceredo**

**Superhero Creamery**

**Splittin’ Hares Axe Throwing Company**

**Davis Family**

**Double Tree Hotel**

**Le Bistro**

**The Cellar Door**

**Sip Downtown Brasserie**

**Candi's Cut and Curl**

**Jennifer's Gift Shop and More**

**Wreaths By Dixie**

**Shane Morgan**

**Christina Eaves**

**Fruth on 7th**

**Sonesta ES Suites**

**93.7 the Dawg**

**Starbuck's**

**Heritage Farms Village and Museum**

**Ashlee Cleve Photography**

**Habitat ReStore**

**Jerry Crabtree**

**Blenko Glass**

**Nan Kelley/JTV**

**Camden Corner**

**MEDIA**

**We are so thankful to all the media outlets that helped share our 4th Annual Sweets for Sight Event.**

**Huge Shutout to:**

**Kindred Communications**

**93.7 The Dawg**

**The Herald Dispatch**

**WSAZ News Channel 3**

**JUDGES**

**There are two photos on this page.**

**The top photo is of our three judges. The caption reads, ““Celebrity” Judges were, (left to right), Doug Korstanje, (CEO Huntington YMCA), Susan Nicholas, (WSAZ), and**

**“Big John” Bowen from Kindred Communications.**

**The bottom photo is of the “IN-House” judges. The caption reads, “In-house judges: (Left to Right), Danielle High, Toni Walls, and Emma Paxton.”**

**ACTIVITIES**

**OCTOBER**

**WEDNESDAY**

**October 5th - Pottery**

**October 12th - Pottery**

**October 19th - Pottery**

**October 26th - Pottery**

**SUPPORT GROUPS**

**D - October 4**

**B - October 6**

**E - October 11**

**A - October 13**

**C - October 13**

**B - October 20**

**A - October 27**

**C - October 27**

**NOVEMBER**

**WEDNESDAY**

**November 2  Pottery**

**November 9 Pottery**

**November 16 Bingo**

**SUPPORT GROUPS**

**D November 1**

**B November 3**

**E November 8**

**A November 10**

**C November 10**

***All dates/times subject to change or cancellation.***

**GUIDE PAGE BY EMAIL**

**Click, open, and read!**

**For three decades the GUIDE PAGE MAGAZINE has been freely offered in a variety of formats to suit the vision needs of consumers, and the general public. Changes are made as technology changes. We offer large print, Braille, or an audio CD, and for our internet savvy consumers, audio, and text issues, are available on cwab.org.**

**We produce hundreds of copies each month, with most formats requiring postage for delivery. The most cost effective issues we produce are email.**

**Email issues need no ink, paper, packaging, or postage. Recipients simply open their inbox and read or let their screen reader software read it for them.**

**By changing your subscription to email only, you will greatly assist in continuing to provide the GUIDE PAGE Magazine to you.**

**For more information, please call 304-522-6991.**

Notes From The Editor

**Hello everyone! Welcome to Fall! I for one, do like the cool crispness that comes with Fall - and the beautiful color of the leaves. But, I DO NOT like the damp rainy weather and the arthritis that comes with it! I guess I’ll just have to keep the Tylenol handy!**

**With this issue you will notice some subtle changes. Gone is the banner at the top of each page, and the page numbering has moved to the bottom. The cover is also different - using a smaller photo and moving the issue date and volume to the top of the page. This, hopefully, will make it better to determine the issue date. It will also save on printer ink!**

**The annual Halloween party is coming the 21st of October. Get those requests in now so I can add them to the library! See you then!**

TRANSPORTATION!

**The ability to get from point A to point B**

**Our consumers utilize our transportation service to get to vital appointments such as work, medical, higher education, CWAB® Services Division events, or community activities as scheduled. We travel over 4,500 miles in a month. That is over 440 trips in a month.**

**Transportation currently has 5 employees active, one of which is the supervisor/dispatcher. You can quickly see how big an undertaking this can be.**

**We have to have standards of operations in place to ensure that this vital program operates as it should. Some of these are:**

**1. All rides have a minimum of 24 hour required notice. This means Friday for a Monday appointment. Schedules are made for the next day by 2 pm.**

**2. Wednesday afternoon events follow the 24 hour rule**

**3. Group activities must be scheduled one week prior to event. This changes with each event so the best thing to do is to call as soon as you hear about an event.**

**4. YMCA participation must be called in by Friday morning for the following week.**

**5. You must cancel your ride before the driver calls to pick you up. Failure to do so, may lead to warnings.**

**6. Medical Appointments - it is preferable that these be made between the hours of 9 a.m. and 1 p.m.. This enables us to get you there on time and to have amp time to get you home. Exceptions are possible. It is best to discuss these with the Transportation Supervisor.**

**a. Consider providing us with an appointment card for follow-up medical appointments to help strengthen our accuracy.**

**7. The consumer is primarily responsible for signing up for transportation. The service provider may sign a consumer up. Drivers are NOT allowed to sign consumers up for rides. This protects the consumer against forgotten messages.**

**8. Food and Drink are prohibited during your ride. This applies to all services we provide, not just transportation.**

**9. We insist all passengers wear seatbelts at all times while the vehicle is**

**moving. Drivers are instructed not to move until this is the case. If they are found to be driving with a passenger unbelted, it may lead to immediate dismissal.**

**10. Drivers have up to one hour before and after your scheduled pick-up to pick you up. We rarely use that cushion but it exists to allow for unavoidable circumstances. Please be prepared for this possibility. Group activities, with multiple passengers on one shuttle, is one example**

**when this 1 hour cushion may be necessary.**

**This does not cover everything but it covers many of our most important standards.**

**Our drivers are very valuable and appreciated! They do a tremendous job, and our agency would not be what it is without each of them. Your compliance with the standards we have in place goes a long way toward making a hard job much easier on them.**

**Activities Center Serves Community**

**Since its completion in the Spring of 2008, the C.W.A.B. Activities Center has been a virtual beehive of activity! Having served as a location for concerts, weddings, parties, and meetings, the center is a fully-equipped facility that can serve any need**

**Available as a rental facility the building boasts a spacious double-range kitchen with a restaurant-style sink, refrigerator, freezer, and microwave.**

**Access to tables and chairs, tablecloths and dinnerware are also available.**

**Holiday decorations are also available.**

**The C.W.A.B. Activity Center is an excellent choice for any event - large or small.**

**For more details, call 304-522-6991.**

**Cabell-Wayne**

**Association of the Blind**

**Services Division**

**T-Shirt Sale**

**CWAB® Services Division is offering t-shirts for sale. These have the logo and name on the front left and the new design on the back of the t-shirt.**

**Description of the back is as follows: Name at the top with logo at top of back of shirt facing a**

**weaving roadway. Along the roadway are signs labeled (from top to bottom) “The Guide Page”, “Recreation”, “Consumer Services”, “Adaptive Technology”, “Transportation”, “Vision Rehab”, and “OM”. At the bottom there is a banner that reads “Independence”.**

**Basic colors being offered are Navy, Royal blue, Red, Marshall Green, and Purple. We have some of these in stock at all times. There are many other colors available so if you desire a different**

**color please call and ask for Toni to discuss. We are also offering several tie-dye versions.**

**Prices:**

**Short sleeve                 $15**

**Long Sleeve                 $20**

**Short Sleeve Tie-dye   $20**

**Long Sleeve Tie-dye    $25**

**Orders will be placed soon, so get yours in now!**

**Prices subject to change based on cost to CWAB®**

**There are two photos with this article. They are of Hailey Tabor wearing a tee shirt as mentioned.**

**The caption reads: Transportation team member, Hailey Tabor, shows the front and back of the Royal Blue t-shirt”**

**Ongoing Fundraisers**

**Cabell-Wayne Association of the Blind Services Division relies on multiple fundraisers. Since the onset of COVID-19, our regular schedule of events have been adjusted, and re-adjusted. Despite these changes, there are still ways to assist with fundraising.**

**Following are some of those ways. For more information please contact Toni Walls or Danielle High.**

**AmazonSmile® - go to smile.amazon.com to shop. On your first visit there you select the charity to which you wish to donate.**

**Kroger Community Rewards - This is linked to your Kroger card. You must set up a digital account and link your card to an organization. Our NPO number is PK519.**

**Rada Cutlery – Knives, utensils, quick mixes, gift sets and recipe and gift books. Call CWAB® for information on ordering.**

**Marcos Coupon Card Fundraiser**

**For $10 you can purchase a Marco’s Fundraiser card. On the back of the card you will find 12 coupons. They are:**

**• 1 free medium, one topping pizza**

**• 5 coupons for free medium pizzas with the purchase of any Large or XL pizza at regular price**

**• 4 coupons for free cheesy bread with any large or XL pizza at regular price**

**• 2 coupons for a Free CinnaSquare with any Large or XL Pizza at regular price**

**There is one image with this article. The image is of the front of the Marcos Coupon Card.**

**Shopping Opportunities**

**Consumers are able to utilize CWAB® Services Division Transportation Program for scheduled shopping trips on Tuesdays or Thursdays. These trips are available to:**

**Walmart Rt. 60, Target, \Kroger on 5th Avenue, Huntington Mall, Aldi’s on Washington Avenue**

**Any other location requests must go through Executive Director, Toni I. Walls for consideration.**

**Here are shopping guidelines:**

**• Two hour limit**

**• One location**

**• Must be between the hours of 10-1**

**• Purchases are limited to what the consumer can carry independently. Drivers may help get purchases to the front door, if schedule permits.**

**A guide or companion is encouraged.**

**Cabell-Wayne’s “Official” Welcome**

**for Newcomers**

**Doing anything strangely and for the first time, can be a daunting task. It’s no different if you are moving into a new home, starting a new job, or visiting a doctor‘s office for the first time. We all get the jitters. The same is true for new visitors and new consumers of Cabell-Wayne Association of the Blind.**

**To make it easier to get acquainted, the Services Division offers new, and potential consumers**

**two pieces of printed information that helps to bridge the gap between the strange and the familiar - The CWAB® Consumer Handbook, and the agency’s greeting brochure. Each with its own wealth of information.**

**Inasmuch as many of the readers of the Guide Page Magazine may not be familiar with, say the agency brochure, we will present it to you on the following two pages.**

**In regular print form, the brochure is a trifold document, which makes it super easy to mail. Information on our services as well as agency contact information is included. If you’d like to have a printed copy, contact the Services Division at 304-522-6991.**

**Here is the content of that brochure:**

**Cabell-Wayne Association of the Blind**

**CWAB® Services for the Blind and Visually Impaired**

**Helping to shape the future and enrich the lives of the blind and visually impaired in our area**

**CWAB(R) is the leading local resource for people who are blind or visually impaired. CWAB(R) works with other organizations and community**

**resources to provide consumers with every opportunity available to them.**

**CWAB(R) is a non-profit organization founded in 1975. The Services Division Component, which provides aids and instruction to registered consumers was activated in 1989 and is funded through grants, including a major one from the Teubert Charitable Trust, and through direct contributions.**

“**What bars us from first-class status is not inferiority inherent in blindness, but rather, the tacit acceptance of a diminished role with minimal expectations and minimal opportunity for full participation.” Ann Shroeder, 1989 International Rehabilitation Conference**

**CWAB® Vision:**

**CWAB® will be seen nationally as a model for organizations and agencies that help blind and visually impaired persons achieve maximum**

**independence. CWAB® will be known for timely and appropriate state-of-the-art responses to the changing needs of consumers throughout the Tri-State area and beyond.**

**CWAB® Mission:**

**The Cabell-Wayne Association of the Blind is committed to promoting and advocating the economic, educational, and social welfare of the blind and visually impaired of all ages so that**

**they can maintain a life style comparable to other members of society.**

**Here is what we do:**

**Transportation, Vision Rehabilitation, Orientation and Mobility, Adaptive Technology, Consumer Services, Recreation, Media/Marketing, Peer Support Groups, Volunteers, Community Involvement, Employment Support**

**Transportation is provided to registered consumers of CWAB®. Destinations include doctor’s visits, work locations and CWAB® events. All other requests are handled on a case by case basis.**

**Vision Rehabilitation is provided through a CVRT® (Certified Vision Rehabilitation Therapist)**

**Consumers are provided with aids based on evaluation of visual function as well as need. Training in Daily Living Skills including creating**

**and reading Braille, cooking, and organizing is also available.**

**Orientation and Mobility (OM) is the way we function in our environment. Training in the specialized skills involved is offered by our COMS® (Certified Orientation and Mobility Specialist) and is individualized to meet the needs and abilities of the consumer.**

**Adaptive Technology provides specially adapted computers and Electronic Video Magnifiers to qualified consumers through a lending program. Training is also available on these and other devices.**

**Consumer Services provides assistance with daily tasks such as shopping, book keeping, organization and other necessary tasks.**

**Adult Recreation offers social interaction through many activities such as picnics, parties,**

**bingo, plays, concerts, YMCA and crafts. These activities allow consumers to enjoy a full and active life-style.**

**Teubert Prep is the recreation program for children of Cabell and Wayne counties who are blind or visually impaired. It offers opportunities to socialize one-on-one with peers who are sighted. Families are provided an opportunity to share challenges and successes with a Parents support group.**

**Our Media-Marketing program is responsible for producing the monthly Guide Page Magazine and for maintaining the agency website www.cabellwayne.org. Advertising and spreading the word of what we do through all media resources is also a priority for this program.**

**Peer Support Groups meet on a regular basis. In these groups our consumers are provided**

**opportunities to learn and socialize with others who share similar life experiences.**

**Volunteers are an important part of what we do. Volunteers are utilized for direct and indirect services.**

**Community Involvement including in-service education, health fairs, and outreach events. We also strive to include the community in our events.**

**Employment Support is provided by all programs of CWAB® from Transportation to Adaptive Technology to VRT to OM. Our goal is to assist in any way we can so that our consumers live the life they desire.**

**If you have any questions, wish to apply for one of the programs, or know someone who could benefit from our services, please contact:**

**Cabell-Wayne Association of the Blind**

**Services Division**

**38 Washington Avenue**

**Huntington, WV 25701**

**304-522-6991**

**Fax 304-522-6924**

**Website: www.cabellwayne.org**

**Please remember us in your will.**

**Planned Giving**

**So, what is planned giving? By definition, a planned gift is any major gift, made in lifetime or at death as part of a donor’s overall financial and/or estate planning.**

**Cabell-Wayne Association of the Blind has had the good fortune to receive several such gifts.**

**These gifts will provide goods and services to the blind and visually impaired of Cabell and Wayne Counties of West Virginia. They will also provide funding for operational expenses.**

**Planned Giving is the most practical way to ensure your personal and financial wishes are fulfilled after you are gone.**

**Cabell-Wayne Association of the Blind is more than happy to discuss with you the many ways the agency could benefit from your wishes. Contact the Services Division office at 304-522-6991.**

**CWAB® Services**

**TRANSPORTATION – Getting around is a major roadblock to the blind and visually impaired. Consumers are offered free transportation to work, doctor’s appointments, shopping, and group activities. Limited vision no longer means limited transportation.**

**ORIENTATION & MOBILITY – O&M’s goal is to train consumers with techniques of safe, efficient travel both in the home and into the**

**community. Skills are taught that are vital for independence, confidence and self-satisfaction. Instruction is built around the goals and needs of the student.**

**REHABILITATION – Learning new skills to improve daily living enhances quality of life for the visually impaired. Magnifiers and talking devices are available. Instruction in Braille, cooking, and even simple tasks like phone dialing can lead to a more independent life.**

**COMPUTER TRAINING - Training is the key to computer technology. Utilizing keystrokes and enhancement software, the student learns to complete a variety of tasks sighted computer users take for granted. Limited vision should not limit your technical training.**

**ADAPTIVE TECHNOLOGY - A CCTV can be used to magnify books, newspapers, and magazine print to the size of a regular television screen allowing individuals the ability to enjoy reading again. Adaptive technology can bring you back to the world, and the world to you.**

**RECREATION – Everyone knows the key to success is the ability to play well with others. CWAB®’s recreational program offers a variety of activities for any age consumer. Both indoor and outdoor events are scheduled on a regular basis.**

**For more information on services, volunteering, and planned giving, call 34-522-6991.**

**This is the end of the GUIDE PAGE MAGAZINE Volume 33, Issue 10, for Octo ber 2022.**

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